

Chelmsford Urban Event

Sunday 10th May

Part of the UK Urban League (UKUL), East Anglian Urban League (EAUL), Southern England Orienteering Urban league (SEOUL)

Map/Terrain details 2024 map has been updated and extended by Kevin Machin for this event.
The map covers a rich mixture of city centre, residential estates and parkland Scale 1:4,000 with 2.5m contours.
Courses 1-6 are printed on A3 waterproof paper, courses 1 & 2 are double sided.
Course 7 is printed on A4 waterproof paper.
Course 7 is traffic free within Central Park
Course 6 restricted to roads where there is 20mph speed limit and limited traffic.
The event takes place in a public area. Please be courteous to other users to avoid jeopardising our future use.

Course information	Course	Controls	Length
	1. Open	28	11.8 km
	2. VM WO	24	10.2 km
	3. SVM VW	23	7.9 km
	4. UVM SVW	19	7.0 km
	5. UVW HVM/W	14	5.4 km
	6. M16- W16-	17	4.5 km
	7. M12- W12-	17	2.7 km

Distances are the optimal route
Courses are relatively flat with a total of 30m climb on course 1.
Juniors aged under 16 on the day may only enter Course 6 or 7
Juniors aged under 12 on the day may only enter Course 7
Anyone wishing to run out of class should enter Open on Course of their choice.

Location/Parking Event centre at Waterhouse Business Centre, 2 Cromar Way, Chelmsford, CM1 2QE
What3Words: ///forks.solar.exit
There is ample free parking adjacent to the event centre. Please do not park in front of roller doors. Some of these are in use 24/7. There are large no parking signs. Don't ignore them.
Chelmsford Railway station is 1 mile from the event centre.
Entrance to the event centre is by door on east side of the building. Look for SOS banner.

Entry details/costs	<p>Pre-entry via Racesignup https://racesignup.co.uk/chelmsford-city-urban-ukul-seoul-eaul</p> <p>Standard Senior: £10.00/£12.00 Senior Chip hire: £1.00 Junior/Student: £4.00/£5.00 Junior/Student Chip hire: £1.00</p> <p>From 4th May: Senior: £12.00/£14.00 Senior Chip hire: £1.00 Junior/Student: £5.00/£6.00 Junior/Student Chip hire: £1.00</p> <p>Juniors are under 21 on 31st December. £2 surcharge for non members of British Orienteering.</p> <p>Entries close 12 noon on May 9th Limited entry on the day subject to map availability Available map numbers will be published on Racesignup and SOS website</p>
Registration and start times	<p>Enquiries open from 10:00am. Start times 10:30am-12:30pm Start times will not be pre-allocated Distance to start is 1.1km. The route follows a short stretch of road with negligible traffic then a level tarmac footpath. This is shared with a cycleway. Look out for cyclists and stay in the pedestrian lane. The route passes the finish at 700m. The last part of the route crosses the river by bridge on the pavement of Rainsford Lane. Note that this is a busy road and while there is no road crossing, very young juniors should be accompanied to the start There are no toilets at the start. After finishing follow start route in reverse back to event centre. Anyone wishing to go direct to the start can park in the Waterhouse Lane public car park on Meteor Way. Parking is free on Sundays. Join the taped route to the start along Meteor Way and Rainsford Lane bridge. After running follow tapes towards start back to car park but don't forget to visit the event centre to download! Courses close 14:30 SIAC enabled but all competitors must punch start and finish</p>
Facilities	<p>Enquiries, registration, download, first aid, toilets. No dogs allowed on premises</p>
Safety	<p>As with all urban events, road crossings will be necessary. Please take care. The main inner ring road 'Parkway' is marked out of bounds and must only be crossed at pedestrian crossings or underpasses. High visibility clothing is recommended. Roads, footpaths and cycleways will be in use by members of the public. Please treat them with respect. Walk for Life is taking place. The finish is close to our event centre. Expect more pedestrians than usual on the paths in the park particularly if you are late starters. Look out for cyclists who are likely to be moving faster than you. In particular be aware of cycle lanes on paths within the park.. Two rivers run through the centre of Chelmsford. These must only be crossed using the mapped bridges. The water is deep. Stay away from water's edge. There is a pond in Central Park. While there are no controls close to the edge, junior courses do pass in close proximity. Please advise juniors to stay away from the edge.</p>
Nearest A&E	<p>Broomfield Hospital, Court Rd, Broomfield, Chelmsford CM1 7ET</p>

Officials

Organiser: Lyn West lynwestghh@gmail.com 07974 391283
Planner : Dave Game
Assistant planner: Eddie Banks
Controller: Sarah Mansel (SUFFOC)